



Supplement Facts

Serving Size: 1 Quick Release Softgel Servings Per Container: 72

Amount Per Serving

%Daily Value 400 mg 95%

(as Magnesium Oxide)

Magnesium

OTHER INGREDIENTS: Medium Chain Triglycerides, Gelatin, Vegetable Glycerin, Sunflower Lecithin, Caramel Color, Titanium Dioxide Color, Yellow Beeswax.

DIRECTIONS: For adults, take one (1) quick release softgel daily, preferably with a meal.

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, including kidney disease, consult your doctor before use. May cause gastrointestinal discomfort. If any adverse reactions occur, immediately stop using this product and consult your doctor. If seal under cap is damaged or missing, do not use. Keep out of reach of children Store in a cool, dry place.



Gluten, Wheat, Yeast, Milk, Lactose, Sov. Artificial Flavor, Artificial Sweetener, Preservatives.

NON-GMO

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Extra Strength MAGNESIUM 400 mg





ESSENTIAL MINERAL