

100%  
QUALITY

SATISFACTION  
GUARANTEE

NATURE'S TRUTH®

VITAMINS

Extra Strength

MAGNESIUM

250 mg



GLUTEN FREE  
NON GMO

NT 9971  
B9970 D

DIETARY  
SUPPLEMENT

100 COATED  
CAPLETS



ESSENTIAL MINERAL

## Supplement Facts

Serving Size: 1 Coated Caplet  
Servings Per Container: 100

Amount Per Serving	% Daily Value
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Magnesium (as Magnesium Oxide)	250 mg 60%
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**OTHER INGREDIENTS:** Cellulose (Plant Origin), Vegetable Stearic Acid, Vegetable Magnesium Stearate, Croscarmellose, Silica, Cellulose Coating, Titanium Dioxide Color.

**DIRECTIONS:** For adults, take one (1) coated caplet up to two times daily, preferably with meals.

**WARNING:** If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. If any adverse reactions occur, immediately stop using this product and consult your doctor. If seal under cap is damaged or missing, do not use. Keep out of reach of children. Store in a cool, dry place.

**NO** Gluten, Wheat, Yeast, Milk, Lactose, Soy, Artificial Flavor, Artificial Sweetener, Preservatives.

NON-GMO • VEGETARIAN FORMULA

Carefully Manufactured by  
Nature's Truth LLC  
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