

100%
QUALITY

SATISFACTION
GUARANTEE

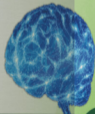
NATURE'S TRUTH®

VITAMINS

Extra Strength

L-METHYL
FOLATE

15 mg PER
SERVING



GLUTEN FREE
NON GMO

60 QUICK RELEASE
CAPSULES



METABOLICALLY ACTIVE
FORM OF FOLIC ACID

Supplement Facts

Serving Size: 2 Quick Release Capsules
Servings Per Container: 30

Amount Per Serving	%Daily Value
Folate 25,000 mcg DFE (15 mg L-Methylfolate)	6,250%

OTHER INGREDIENTS: Rice Powder,
Gelatin Capsule, Vegetable Magnesium
Stearate, Silica.

DIRECTIONS: For adults, take two (2) quick release capsules daily, preferably with a meal.

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Large quantities of methylfolate may mask the effects of pernicious anemia. If any adverse reactions occur, immediately stop using this product and consult your doctor. If seal under cap is damaged or missing, do not use. Keep out of reach of children. Store in a cool, dry place.

NO Gluten, Wheat, Yeast, Milk, Lactose,
Soy, Artificial Color, Artificial Flavor,
Artificial Sweetener, Preservatives.

NON-GMO

Carefully Manufactured by
Nature's Truth LLC
Ronkonkoma, NY 11779 USA
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1-844-544-1030
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DIETARY
SUPPLEMENT