

100%
QUALITY

SATISFACTION
GUARANTEE

NATURE'S TRUTH®

VITAMINS

Concentrated

CEYLON
CINNAMON

2,000 mg**

plus

CHROMAX® CHROMIUM
PICOLINATE

GLUTEN FREE
NON GMO

DIETARY
SUPPLEMENT

60 QUICK RELEASE
CAPSULES

Supplement Facts

Serving Size: 1 Quick Release Capsule

Servings Per Container: 60

Amount Per Serving	%Daily Value
Chromium^	100 mcg 286%
(as Chromium Picolinate)	
Ceylon Cinnamon	2,000 mg (2 g)
(Cinnamomum verum) (bark)	
(from 200 mg of 10:1 extract)	

*Daily Value not established.

OTHER INGREDIENTS: Rice Powder, Gelatin Capsule, Vegetable Magnesium Stearate, Silica.

**Equivalent from 200 mg of 10:1 Extract

^Chromax® (chromium picolinate)

Chromax
chromium picolinate

Chromax,® including the Chromax® logo, is a registered trademark of Nutrition 21, LLC. Chromax® is patent protected

TRADITIONAL
HERBAL SUPPORT

DIRECTIONS: For adults, take one (1) quick release capsule two to four times daily, preferably with meals.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications, planning any medical or surgical procedure or have any medical condition, including diabetes or hypoglycemia, consult your doctor before use. If any adverse reactions occur, immediately stop using this product and consult your doctor. Not intended for use by persons under the age of 18. If seal under cap is damaged or missing, do not use. Keep out of reach of children. Store in a cool, dry place.

NO Gluten, Wheat, Yeast, Milk, Lactose, Soy, Artificial Color, Artificial Flavor, Artificial Sweetener, Preservatives.

NON-GMO

Carefully Manufactured by
Nature's Truth LLC
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NON-GMO
PLEDGE
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