

100%
QUALITY

SATISFACTION
GUARANTEE

NATURE'S TRUTH®

VITAMINS

CALCIUM MAGNESIUM ZINC

Supplement Facts

Serving Size: 3 Coated Caplets
Servings Per Container: 30

Amount Per Serving	%Daily Value	
Calcium (as Calcium Carbonate)	1,000 mg	77%
Magnesium (as Magnesium Oxide)	400 mg	95%
Zinc (as Zinc Sulfate)	15 mg	136%

OTHER INGREDIENTS: Maltodextrin, Croscarmellose, Cellulose (Plant Origin), Vegetable Magnesium Stearate, Vegetable Glycerin, Titanium Dioxide Color, Mineral Oil, Talc, Triethyl Citrate, Citric Acid, Polysorbate 80, Natural Palm Leaf Glaze.

†Adequate calcium as part of a healthful diet, along with physical activity, may reduce the risk of Osteoporosis in later life.

DIRECTIONS: For adults, take three (3) coated caplets daily, preferably with a meal.

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. If any adverse reactions occur, immediately stop using this product and consult your doctor. If seal under cap is damaged or missing, do not use. Keep out of reach of children. Store in a cool, dry place.

NO Gluten, Wheat, Yeast, Milk, Lactose, Soy, Artificial Flavor, Artificial Sweetener.

NON-GMO • VEGETARIAN FORMULA

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GLUTEN FREE
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90 COATED
CAPLETS

**MAY REDUCE THE RISK
OF OSTEOPOROSIS†**

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DIETARY
SUPPLEMENT