

100%
QUALITY

SATISFACTION
GUARANTEE

NATURE'S TRUTH®

VITAMINS

CALCIUM
CITRATE
630 mg

plus

D₃ 500 IU

PER SERVING

GLUTEN FREE

NON GMO

100 COATED
CAPLETS

Supplement Facts

Serving Size: 2 Coated Caplets

Servings Per Container: 50

Amount Per Serving	%Daily Value
Vitamin D (as D3 Cholecalciferol)	12.5 mcg (500 IU) 63%
Calcium (as Calcium Citrate)	630 mg 48%

OTHER INGREDIENTS: Cellulose (Plant Origin), Vegetable Stearic Acid, Croscarmellose, Polydextrose, Titanium Dioxide Color, Talc, Silica, Vegetable Magnesium Stearate, Starch, Triglycerides, Sucrose, Sodium Ascorbate, Tocopherols.

†Adequate calcium and vitamin D as part of a healthful diet, along with physical activity, may reduce the risk of Osteoporosis in later life.

DIRECTIONS: For adults, take two (2) coated caplets daily, preferably with a meal.

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. If any adverse reactions occur, immediately stop using this product and consult your doctor. If seal under cap is damaged or missing, do not use. Keep out of reach of children. Store in a cool, dry place.

NO Gluten, Wheat, Yeast, Milk, Lactose, Soy, Artificial Flavor, Artificial Sweetener.

NON-GMO • VEGETARIAN FORMULA

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**OUR
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**MAY REDUCE THE RISK
OF OSTEOPOROSIS†**