CAFFEINE FREE B-COMPLEX

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DIRECTIONS: For adults, take two (2) vegan gummies daily. preferably with a meal. Do not exceed recommended dosage.

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. If any adverse reactions occur, immediately stop using this product and consult your doctor. Not intended for use by the persons under the age of 18. If seal under cap is damaged or missing, do not use. Keep out of reach of children. Store in a cool, dry place. Avoid excessive heat.

To ensure quality through expiration, this product was manufactured with higher ingredient levels than the indicated amount per serving. *Vitamin B-12 helps the body convert food into cellular energyt

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Gluten, Wheat, Yeast, Milk, Lactose, Soy Artificial Flavor, Artificial Sweetener.

NON-GMO . VEGAN FORMULA

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NATURE'S TRUTH

B-12 ENERGY[†] **GUMMIES**

Delicious! Natural Peach Raspberry Flavor



Total Sugars 4 a

Total Carbohydrate 4 g 1%*** Includes 4g Added Sugars 8%*** Thiamin (Vitamin B-1) (as Thiamin Hydrochloride) 0.4 mg 33% Riboflavin (Vitamin B-2) 0.4 ma 31% Vitamin B-6 (as Pyridoxine Hydrochloride) 2 ma 118%

Supplement Facts

%Daily Value

Vitamin B-12 (as Cyanocobalamin) 500 mcg 20.833% I-Carnitine (as L-Carnitine Tartrate) 25 ma Ashwagandha Root (Withania somnifera) 80 ma (from 8 mg of 10:1 extract)

"Daily Value not established.

Serving Size: 2 Vegan Gummies Servings Per Container: 24

Amount Per Serving

Calories

***Percent Daily Values are based on a 2,000 calorie diet.

OTHER INGREDIENTS: Glucose Syrup, Sugar, Pectin, Raspberry Juice Concentrate, Citric Acid, Natural Flavors, Sodium Citrate, Lactic Acid, Natural Palm Leaf Glaze, Palm Oil, Red Radish Color, Caramel Color, Stevioside (Stevia Extract).

Energize your day the wholesome way with these caffeine-free, delicious peach-raspberry flavored gummies!†

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