

100%
QUALITY

SATISFACTION
GUARANTEE

NATURE'S TRUTH®

VITAMINS

20%
MORE
FREE!

B-12

500 mcg

GLUTEN FREE
NON GMO

100 120 TABLETS

Supplement Facts

Serving Size: 1 Tablet

Servings Per Container: 120

Amount Per Serving	%Daily Value
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Vitamin B-12	500 mcg	20,833%
(as Cyanocobalamin)		

OTHER INGREDIENTS: Dicalcium Phosphate, Croscarmellose, Vegetable Stearic Acid, Silica, Vegetable Magnesium Stearate.

DIRECTIONS: For adults, take one (1) tablet up to five times daily, preferably with meals.

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. If any adverse reactions occur, immediately stop using this product and consult your doctor. If seal under cap is damaged or missing, do not use. Keep out of reach of children. Store in a cool, dry place.

NO Gluten, Wheat, Yeast, Milk, Lactose, Soy, Artificial Color, Artificial Flavor, Artificial Sweetener, Preservatives.

NON-GMO • VEGETARIAN FORMULA

Carefully Manufactured by
Nature's Truth LLC
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PLEDGE**
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**VEGETARIAN FRIENDLY
B-VITAMIN**