

100%
QUALITY

SATISFACTION
GUARANTEE

NATURE'S TRUTH®

VITAMINS

ALPHA LIPOIC ACID

600 mg PER
SERVING

plus

BIOTIN OPTIMIZER

GLUTEN FREE
NON GMO

60 QUICK RELEASE
CAPSULES

Supplement Facts

Serving Size: 2 Quick Release Capsules

Servings Per Container: 30

Amount Per Serving	%Daily Value	
Biotin (as d-Biotin)	666 mcg	2,220%
Alpha Lipoic Acid (Thioctic Acid)	600 mg	*

*Daily Value not established.

OTHER INGREDIENTS: Gelatin Capsule,
Cellulose (Plant Origin), Rice Powder, Vegetable
Magnesium Stearate, Silica.

†This statement has not been evaluated by
the Food and Drug Administration. This
product is not intended to diagnose, treat, cure
or prevent any disease.

DIRECTIONS: For adults, take two
(2) quick release capsules daily,
preferably with a meal.

WARNING: If you are pregnant, nursing, taking any
medications or have any medical condition, consult
your doctor before use. If any adverse reactions
occur, immediately stop using this product and
consult your doctor. If seal under cap is damaged or
missing, do not use. Keep out of reach of children.
Store in a cool, dry place.

NO Gluten, Wheat, Yeast, Milk, Lactose,
Soy, Artificial Color, Artificial Flavor,
Artificial Sweetener, Preservatives.

NON-GMO

Carefully Manufactured by
Nature's Truth LLC
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**OUR
NON-GMO
PLEDGE**
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**SUPPORTS ANTIOXIDANT
HEALTH†**