

100%
QUALITY
SATISFACTION
GUARANTEE

NATURE'S TRUTH®

VITAMINS

ABC COMPLETE

50+

SENIOR
MEN'S



GLUTEN FREE
NON GMO

MULTIVITAMIN
MINERAL
SUPPLEMENT

100 COATED
CAPLETS



COMPARE
& SAVE!

Supplement Facts

Serving Size: 1 Coated Caplet
Servings Per Container: 100

Amount Per Serving %Daily Value

Vitamin A 1,050 mcg 117%
(as Vitamin A Acetate and
29% as Beta-Carotene)

Vitamin C 120 mg 133%
(as Ascorbic Acid)

Vitamin D 25 mcg (1,000 IU) 125%
(as D3 Cholecalciferol)

Vitamin E 27 mg 180%
(as dl-Alpha Tocopheryl Acetate)

Vitamin K 60 mcg 50%
(as Phytonadione)

Thiamin (Vitamin B-1) 1.5 mg 125%
(as Thiamin Mononitrate)

Riboflavin (Vitamin B-2) 1.7 mg 131%

Niacin (as Niacinamide) 20 mg 125%

Vitamin B-6 6 mg 353%
(as Pyridoxine Hydrochloride)

Folate 500 mcg DFE 125%
(300 mcg Folic Acid)

Vitamin B-12 100 mcg 4,167%
(as Cyanocobalamin)

Biotin (as d-Biotin) 30 mcg 100%

OTHER INGREDIENTS: Gelatin, Cellulose (Plant Origin), Vegetable Stearic Acid, Croscarmellose, Crospovidone, Starch, Vegetable Magnesium Stearate, Maltodextrin, Acacia, Hypromellose, Polydextrose, Titanium Dioxide Color, Citric Acid, Silica, Sucrose, Talc, Mannitol, Polyvinylpyrrolidone, Sodium Lauryl Sulfate, Triglycerides, Sodium Ascorbate, Propylene Glycol, Triacetin, Tocopherols, FD&C Yellow No. 6 Lake, Sodium Benzoate, Glucose, Ascorbyl Palmate, Sorbic Acid, BHT, FD&C Red No. 40 Lake, FD&C Blue No. 1 Lake, Tricalcium Phosphate.

Pantothenic Acid 10 mg 200%
(as d-Calcium Pantothenate)

Calcium 210 mg 16%
(as Calcium Carbonate and
Dicalcium Phosphate)

Phosphorus 20 mg 2%
(as Dicalcium Phosphate)

Iodine (as Potassium Iodide) 150 mcg 100%

Magnesium 75 mg 18%
(as Magnesium Oxide)

Zinc (as Zinc Oxide) 15 mg 136%

Selenium 21 mcg 38%
(as Sodium Selenate)

Copper (as Cupric Sulfate) 0.5 mg 56%

Manganese 4 mg 174%
(as Manganese Sulfate)

Chromium 60 mcg 171%
(as Chromium Picolinate)

Molybdenum 50 mcg 111%
(as Sodium Molybdate)

Chloride 72 mg 3%
(as Potassium Chloride)

Potassium 80 mg 2%
(as Potassium Chloride)

Lutein 300 mcg *

Lycopene 600 mcg *

*Daily Value not established.

Get the support you need for daily wellness with ease, with ABC Complete Senior Men's!† One coated caplet a day provides specialized nutrition for men over 50, delivering a comprehensive blend of the vitamins and minerals you need most every day.

DIRECTIONS: For adult men, take one (1) coated caplet daily, preferably with a meal.

WARNING: This product is intended for use by men and is not intended for use by women. If you are taking any medications, planning any medical or surgical procedure or have any medical condition, consult your doctor before use. If any adverse reactions occur, immediately stop using this product and consult your doctor. If seal under cap is damaged or missing, do not use. Keep out of reach of children. Store in a cool, dry place.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

NO Gluten, Wheat, Yeast, Milk, Lactose, Soy,
Artificial Flavor, Artificial Sweetener.

NON-GMO

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