

100%
QUALITY
SATISFACTION
GUARANTEE

NATURE'S TRUTH®

VITAMINS

ABC COMPLETE



VITAMINS &
MINERALS



GLUTEN FREE
NON GMO

MULTIVITAMIN
MINERAL
SUPPLEMENT

100 COATED
CAPLETS



Supplement Facts

Serving Size: 1 Coated Caplet
Servings per Container: 100

Amount Per Serving	%Daily Value
Vitamin A (as Vitamin A Acetate and 29% as Beta-Carotene)	1,050 mcg 117%
Vitamin C (as Ascorbic Acid)	60 mg 67%
Vitamin D (as D3 Cholecalciferol)	25 mcg (1,000 IU) 125%
Vitamin E (as dl-Alpha Tocopheryl Acetate)	13.5 mg 90%
Vitamin K (as Phytonadione)	25 mcg 21%
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	1.5 mg 125%
Riboflavin (Vitamin B-2)	1.7 mg 131%
Niacin (as Niacinamide)	20 mg 125%
Vitamin B-6 (as Pyridoxine Hydrochloride)	2 mg 118%
Folate (400 mcg Folic Acid)	667 mcg DFE 167%
Vitamin B-12 (as Cyanocobalamin)	6 mcg 250%
Biotin (as d-Biotin)	30 mcg 100%

OTHER INGREDIENTS: Cellulose (Plant Origin), Croscarmellose, Gelatin, Vegetable Stearic Acid, Crospovidone, Starch, Acacia, Maltodextrin, Hypromellose, Polydextrose, Vegetable Magnesium Stearate, Titanium Dioxide Color, Silica, Citric Acid, Sucrose, Sodium Lauryl Sulfate, Propylene Glycol, Triacetin, Polyvinylpyrrolidone, Mannitol, Talc, Triglycerides, Sodium Ascorbate, Glucose, Tocopherols, Sodium Benzoate, FD&C Yellow No. 6 Lake, Sorbic Acid, BHT.

Pantothenic Acid (as d-Calcium Pantothenate)	10 mg 200%
Calcium (as Calcium Carbonate and Dicalcium Phosphate)	200 mg 15%
Iron (as Ferrous Fumarate)	18 mg 100%
Phosphorus (as Dicalcium Phosphate)	20 mg 2%
Iodine (as Potassium Iodide)	150 mcg 100%
Magnesium (as Magnesium Oxide)	50 mg 12%
Zinc (as Zinc Oxide)	11 mg 100%
Selenium (as Sodium Selenate)	55 mcg 100%
Copper (as Cupric Sulfate)	0.5 mg 56%
Manganese (as Manganese Sulfate)	2.3 mg 100%
Chromium (as Chromium Picolinate)	35 mcg 100%
Molybdenum (as Sodium Molybdate)	45 mcg 100%
Chloride (as Potassium Chloride)	72 mg 3%
Potassium (as Potassium Chloride)	80 mg 2%

Get head-to-toe multivitamin support with ABC Complete Multi! One coated caplet a day delivers a specialized blend of the key vitamins and minerals you need most. Featuring more than 20 essential nutrients, this comprehensive multi is an easy way to get enough of the daily vitamins and minerals your body craves.

DIRECTIONS: For adults, take one (1) coated caplet daily, preferably with a meal.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications, planning any medical or surgical procedure or have any medical condition, consult your doctor before use. If any adverse reactions occur, immediately stop using this product and consult your doctor. If seal under cap is damaged or missing, do not use. Store in a cool, dry place.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. **KEEP THIS PRODUCT OUT OF REACH OF CHILDREN.** In case of accidental overdose, call a doctor or poison control center immediately.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

NO Gluten, Wheat, Yeast, Milk, Lactose, Soy, Artificial Flavor, Artificial Sweetener.

NON-GMO

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