

Supplement Facts (continued from other panel)

Serving Size 4 Tablets

	Four Tablets Provide	%DV
Meno Ease Support Blend -----	800 mg	*
(equivalent to 9,360 mg of food and herbal powder)		
Soy Extract (non-GMO†, 2.5% Isoflavones) (400 mg*);		
Black Cohosh [root] 4:1 Extract (standardized to 2.5% Triterpene glycosides) (160 mg*);		
Ginkgo [leaf] 50:1 Extract (24/6) (120 mg*);		
American Ginseng [root] 4:1 Extract (80 mg*);		
Milk Thistle [seed] 50:1 Extract (standardized to 80% Silymarin) (40 mg*)		

* Daily Value (DV) not established. † GMO = Genetically Modified Organism

Complete Multivitamin Protection Plus Therapeutic Herbal Relief to Ease Menopausal Symptoms

Complete Menopause™ Multivitamin provides potent antioxidant protection, and addresses all the systems of a woman's body affected by menopause in 4 tablets per day. It delivers:

- **Energizing Nutrition**—with a research-backed nutrient profile designed to support consistent body temperature and bone health, promote normal mood and replace nutrients easily lost during night sweats.*
- **Therapeutic Herbal Relief**—to ease symptoms and support energy and brain health, featuring the therapeutic dose of standardized black cohosh.*

SUGGESTED USAGE: 4 tablets daily, in divided doses.

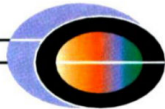
GUARANTEE: 100% natural – free of artificial colors, flavors, sweeteners and preservatives. Hypoallergenic. Contains no sugar, lactose, wheat, gluten, or allergenic yeasts.



◆ This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

RAINBOW
L I G H T®

Food Based™
Complete Menopause™
Multivitamin



Hormone-Balancing Formula*
Therapeutic Black Cohosh
Energy, Mood & Bone Support

120 Multivitamin Supplement Tablets

Supplement Facts

Serving Size 4 Tablets

	Four Tablets Provide	%DV		Four Tablets Provide	%DV
Vitamin A (50% Beta-Carotene, 50% Palmitate) -----	5,000 IU	100%	Copper (Amino Acid Chelate) -----	2 mg	100%
Vitamin C (Ascorbic Acid) -----	500 mg	833%	Manganese (Amino Acid Chelate) -----	4 mg	200%
Vitamin D3 (Cholecalciferol) -----	400 IU	100%	Chromium (Amino Nicotinate) -----	250 mcg	208%
Vitamin E (d-alpha Tocopheryl Succinate) -----	400 IU	1333%	Molybdenum (Amino Acid Chelate) -----	75 mcg	100%
Vitamin K (Phytonadione) -----	300 mcg	375%	Quercetin -----	50 mg	*
Thiamin (Vitamin B-1) -----	40 mg	2667%	Citrus Bioflavonoids -----	50 mg	*
Riboflavin (Vitamin B-2) -----	40 mg	2353%	Rutin -----	50 mg	*
Niacinamide (Vitamin B-3) -----	40 mg	200%	Hesperidin -----	100 mg	*
Pyridoxine (Vitamin B-6) -----	60 mg	3000%	Boron (Citrate) -----	2 mg	*
Folic Acid -----	1,000 mcg	250%	Choline (Bitartrate) -----	50 mg	*
Cyanocobalamin (Vitamin B-12) -----	600 mcg	10,000%	Inositol -----	50 mg	*
Biotin -----	600 mcg	200%	PABA (para-Aminobenzoic Acid) -----	25 mg	*
Pantothenic Acid (Vitamin B-5) -----	100 mg	1000%	Dunaliella -----	30 mg	*
Calcium (Carbonate, Citrate, Amino Acid Chelate) -----	1,000 mg	100%	Yielding Mixed Carotenoids: Alpha Carotene (788 mcg*), Cryptoxanthin (192 mcg*), Zeaxanthin (156 mcg*), Lutein (120 mcg*)		
Magnesium (Oxide, Amino Acid Chelate) -----	400 mg	100%	Digestive Support Complex Protease (2,400 HUT*), Amylase (188 DU*), Lipase (2 LU*), Cellulase (2 CU*), Betaine HCl (50 mg*)		
Zinc (Amino Acid Chelate) -----	20 mg	133%	(Supplement Facts continued on next panel.)		
Selenium (Selenomethionine) -----	200 mcg	286%			

Other ingredients (all natural mineral and plant-based): cellulose, silica, stearic acid (vegetable), sodium starch glycolate, magnesium stearate. Coating: vegetable food glaze.