

LOVE METM
NUTRITION

Fish Out of WaterTM

EPA & DHA Omega-3 Fish Oil

brain & heart health*

Sea Harvested Pelagic Fish Oil 1200mg
Lemon Flavor

Dietary Supplement • 60 Softgels

SUGGESTED USE: Take one (1) softgel, 2 - 3 times daily with meals.

CAUTION: Do not exceed recommended dose. Pregnant or nursing mothers, children under the age of 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement.

KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.

Fish Out Of WaterTM uses Sea-Harvested Pelagic Fish Oil as our natural source of Omega-3 Essential Fatty Acids (EFAs). Because our modern diet is loaded with omega 6 & 9 (meat and vegetable oils) it is important to supplement with extra Omega-3, EPA and DHA content.*

Omega-3s are an important nutrient for maintaining a healthy brain and nervous system. EFAs also contribute to healthy heart function and joint flexibility as well as supporting brain, nerve, and visual function.*

Fish Out Of WaterTM is tested to make sure it is free from harmful levels of contaminants.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Lot # and Expiration Date Printed
on Bottom of Bottle

V6R1
21535-814

Supplement Facts

Serving Size: 1 Softgel
Servings Per Container: 60

	Amount Per Serving	% DV
Calories:	10	
Total Fat	1g	1%**
Cholesterol	10mg	3%
Fish Oil	1200mg	†
Omega-3	720mg	†
EPA	432mg	†
DHA	288mg	†

** Percent Daily Values based on a 2,000 calorie diet
† Daily Value (DV) not established

OTHER INGREDIENTS: Gelatin, Glycerol, Water, Natural Lemon Flavor.
May contain porcine.

CONTAINS: Fish (Anchovy).

✓ NON-GMO

✓ GLUTEN FREE

✓ GMP CERTIFIED

✓ 3RD PARTY TESTED

✓ FDA REGISTERED FACILITY

✓ BOTTLED IN THE USA

