

Here. Drink this.
It'll help.



EARTH MAMA TEAS

FORMULATED FOR PREGNANCY PLUS!*

Organic Elderberry Immune Tea
Organic Ginger Nausea™ Tea
Organic Heartburn Tea
Organic Peaceful™ Tea
Organic Raspberry Leaf Tea
Organic Third Trimester Tea
Organic Throat Smoothie™ Tea

NOT FOR USE DURING PREGNANCY

Organic Periodic Tea
Organic Milkmaid Tea
Organic No More Milk Tea

Grounded in Nature, Powered by Love.™

THROAT SMOOTHIE™ TEA

If your sore throat could talk, it'd probably say, "Hi, this hurts, can you please give me some herbal tea?" Here, sip on this: it'll coat your entire system — from the throat on down — with a blend of soothing, organic slippery elm, marshmallow root and elderflower. These powerhouse herbs serve up a one-two punch to comfort irritated, annoyed mucous membranes, with a side of lemon peel for a refreshing, citrusy flavor. And? With a dollop of honey (only for kids ages 2+), it's essentially the time-honored hot tea with lemon and honey combo you've been drinking since you were little. As far as licorice root ... you're not going to find it. Know why? Because kids and pregnant people need a tea that's soothing to their throats, and safe for them to drink — that's why. In fact, it's for the whole family. Everyone's throat will be all, "Thank you! You're THE best." And you'll smile and say, "Of course! The pleasure is all mine."

HERBAL TEA HOW-TO

Pour boiling water over one tea bag. Steep 5-10 minutes. Sip 1-3 cups per day, or as recommended by your healthcare provider.

TEAM WORK MAKES THE DREAM WORK

Each herb in this tea was intentionally chosen because of how it works synergistically with the others in the formulation, amplifying their efficacy like a little symphony. It's like the colleagues who hang out together after work. They like each other — and that makes their job seamless.

For Mamas-to-Be &
the Whole Family



Herbal Tea Supplement

Supplement Facts

Serving Size 1 tea bag
Servings Per Container 16

	Amount Per Serving	% Daily Value
Calories	0	
Proprietary Blend	1.75 g	
Organic Elder (<i>Sambucus nigra</i>) Flower		†
Organic Lemon Balm (<i>Melissa officinalis</i>) Leaf		†
Organic Lemon (<i>Citrus limon</i>) Peel		†
Organic Rosehips (<i>Rosa canina</i>)		†
Organic Orange (<i>Citrus sinensis</i>) Peel		†
Organic Red Raspberry (<i>Rubus idaeus</i>) Leaf		†
Organic Slippery Elm (<i>Ulmus rubra</i>) Bark		†
Organic Marshmallow (<i>Althea officinalis</i>) Root		†
Organic Ginger (<i>Zingiber officinale</i>) Root		†

† Daily Value not established

Consult your healthcare provider before using this product during pregnancy or when breastfeeding, or if symptoms persist or worsen.



Distributed by
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*These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.