Here. Drink this. It'll help.

EARTH MAMA TEAS

FORMULATED FOR PREGNANCY PLUS!* Organic Elderberry Immune Tea Organic Ginger Nausea™ Tea Organic Heartburn Tea Organic Peaceful™ Tea Organic Raspberry Leaf Tea Organic Third Trimester Tea Organic Throat Smoothie™ Tea

> NOT FOR USE **DURING PREGNANCY**

Organic Periodic Tea Organic Milkmaid Tea Organic No More Milk Tea Grounded in Nature, Powered by Love."

THIRD TRIMESTER TEA

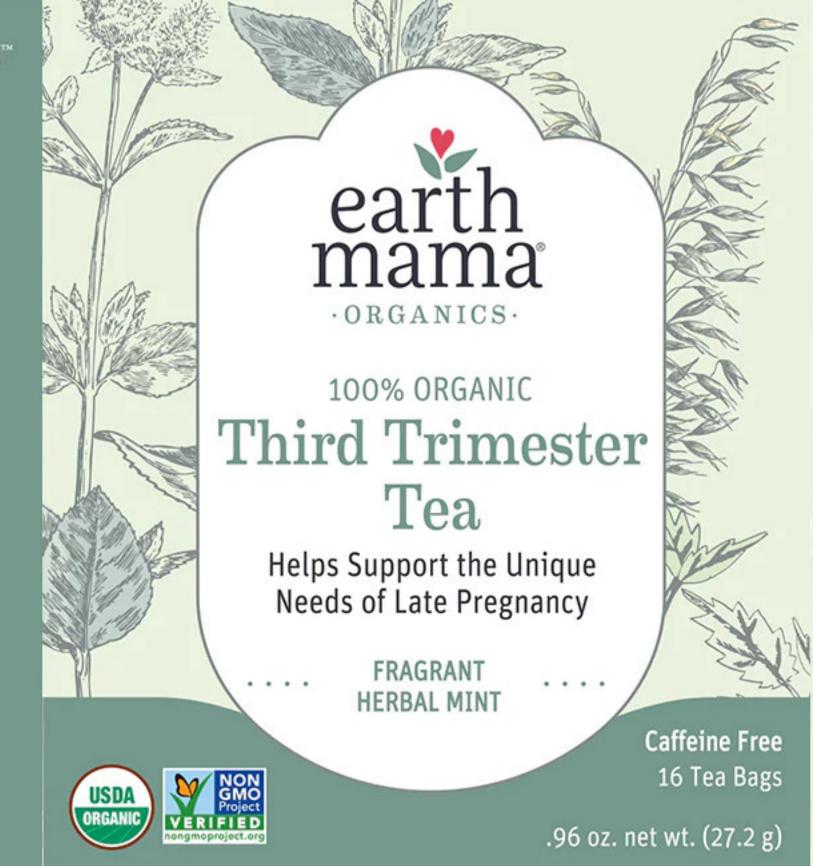
You. Are. Almost. There. Yay! To celebrate, we made this for you. Organic Third Trimester Tea is a hearty blend of stinging nettles, chamomile, rosehips, oatstraw and red raspberry leaf, traditionally used to nurture your third trimester self.* Here's why: during the third trimester, your blood volume is increased significantly — and your new baby thinks it's a good idea to take an extra serving of your vitamins and minerals. Leaving you with the leftovers. That's where this herbal blend comes in, uncramping your style and helping prepare your body for labor and the birth of vour miracle.*

HERBAL TEA HOW-TO

Pour boiling water over one tea bag. Steep 5-10 minutes. Sip 1-3 cups per day, or as recommended by your healthcare provider.

TEAM WORK MAKES THE DREAM WORK

Each herb in this tea was intentionally chosen because of how it works synergistically with the others in the formulation, amplifying their efficacy like a little symphony. It's like the colleagues who hang out together after work. They like each other — and that makes their job seamless.



Supplement Facts

Serving Size 1 tea bag Servings Per Container 16

	Amount Per Serving	% Daily Value
Calories	0	
Proprietary Blend	1.7 g	
Rubus Idaeus (Red Raspberry) Leaf*		†
Urtica Dioica (Stinging Nettle) Leaf*		†
Avena Sativa (Oatstraw)*		†
Mentha Spicata (Spearmint) Lea	af*	†
Rosa Canina (Rosehips)*		†
Matricaria Recutita (Chamomile) Flower*		†
Medicago Sativa (Alfalfa) Leaf*		†

Consult your healthcare provider before using this product during pregnancy or when breastfeeding, or if symptoms persist or worsen. DO NOT USE if you are allergic to plants of the daisy (Asteraceae/Compositae) family. Discontinue use immediately if any allergic reaction occurs.











Distributed by Earth Mama Angel Baby® LLC 9866 SE Empire Ct. Clackamas, OR, 97015 USA • 503-607-0607 • EarthMama.com Certified Organic by Oregon Tilth • Certified Kosher by EarthKosher

Herbal Tea Supplement