Here. Drink this. It'll help.



EARTH MAMA TEAS

FORMULATED FOR PREGNANCY PLUS!* Organic Elderberry Immune Tea Organic Ginger Nausea™ Tea Organic Heartburn Tea Organic Peaceful™ Tea Organic Raspberry Leaf Tea Organic Third Trimester Tea Organic Throat Smoothie™ Tea

> NOT FOR USE DURING PREGNANCY

Organic Periodic Tea Organic Milkmaid Tea Organic No More Milk Tea Grounded in Nature, Powered by Love.'

RASPBERRY LEAF TEA

Organic Raspberry Leaf Tea is an herb traditionally used to help nurture and support women for healthy lady times. Think everything from helping your uterus wrap her mind around the challenge of childbirth, to helping with your favorite time of month (you know, THAT one...). Sip as often as you like. Because raspberry leaf and your uterus will become new best friends. Also? It's a great way to ease occasional diarrhea. Yep — two wildly different, yet important, benefits for the whole family (kids included).

HERBAL TEA HOW-TO

Pour boiling water over one tea bag. Steep 5-10 minutes. Sip 1-2 cups per day, or as recommended by your healthcare provider.



Raspberry Leaf Tea

Menstrual Support Tea & Herbal Labor Tonic *

• • • ASTRINGENT, FULL-BODIED SINGLE HERB • • •





.84 oz. net wt. (24 g)

Caffeine Free 16 Tea Bags

Herbal Tea Supplement



Consult your healthcare provider before using this product during pregnancy or when breastfeeding.









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