

Here. Drink this.
It'll help.



EARTH MAMA TEAS

FORMULATED FOR PREGNANCY PLUS!*

Organic Elderberry Immune Tea
Organic Ginger Nausea™ Tea
Organic Heartburn Tea
Organic Peaceful™ Tea
Organic Raspberry Leaf Tea
Organic Third Trimester Tea
Organic Throat Smoothie™ Tea

NOT FOR USE DURING PREGNANCY

Organic Periodic Tea
Organic Milkmaid Tea
Organic No More Milk Tea

Grounded in Nature, Powered by Love.™

PEACEFUL™ TEA

Feeling antsy in your pantsy? It's cool — we've all been there. It just means it's time to reach for some SERENITY NOW vibes, courtesy of Organic Peaceful Tea. Lemon balm, chamomile and oatstraw are happily blended with other herbs traditionally used to help promote a sense of calm, relieve occasional anxiousness, ease tension and promote sleep. With a hint of orange peel for a bright, citrusy finish, it's peaceful and soothing for anyone who needs to chill: kids, pregnant ladies, air traffic controllers and the like. Serve up a comforting cup with a hug, a smile and a squeeze and some sweet words of understanding.

HERBAL TEA HOW-TO

Pour boiling water over one tea bag. Steep 5-10 minutes. Sip 1-3 cups per day, or as recommended by your healthcare provider.

TEAM WORK MAKES THE DREAM WORK

Each herb in this tea was intentionally chosen because of how it works synergistically with the others in the formulation, amplifying their efficacy like a little symphony. It's like the colleagues who hang out together after work. They like each other — and that makes their job seamless.

FOR EVERYONE
AND THEIR MOTHER

earth
mama®
· ORGANICS ·

100% ORGANIC
Peaceful™ Tea

Stress Less!
Helps Ease Tension &
Promote Sleep*

RELAXING
CITRUS CHAMOMILE

CAFFEINE FREE
16 TEA BAGS

.87 oz. net wt. (24.8 g)



Herbal Tea Supplement

Supplement Facts

Serving Size 1 tea bag
Servings Per Container 16

	Amount Per Serving	% Daily Value
Calories	0	
Proprietary Blend	1.55 g	
Melissa Officinalis (Lemon Balm) Leaf*		†
Matricaria Recutita (Chamomile) Flower*		†
Avena Sativa (Oatstraw)*		†
Citrus Sinensis (Orange) Peel*		†
Rubus Idaeus (Red Raspberry) Leaf*		†

*Organic † Daily Value not established

Consult your healthcare provider before using this product during pregnancy or when breastfeeding, or if symptoms persist or worsen. DO NOT USE if you are allergic to plants of the daisy (Asteraceae/Compositae) family. Discontinue use immediately if any allergic reaction occurs.



Distributed by Earth Mama Angel Baby® LLC
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*These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.