

Here. Drink this.
It'll help.



EARTH MAMA TEAS

FORMULATED FOR PREGNANCY PLUS!*

Organic Elderberry Immune Tea
Organic Ginger Nausea™ Tea
Organic Heartburn Tea
Organic Peaceful™ Tea
Organic Raspberry Leaf Tea
Organic Third Trimester Tea
Organic Throat Smoothie™ Tea

NOT FOR USE DURING PREGNANCY

Organic Periodic Tea
Organic Milkmaid Tea
Organic No More Milk Tea

Grounded in Nature, Powered by Love.™

MILKMAID TEA

Who knew that one day you'd be thinking about your own milk production — a lot? (Besides us... we definitely get it.) Organic Milkmaid Tea is a fragrant, comforting blend of organic herbs traditionally used to help support healthy breast milk production and promote healthy lactation.* Tasty iced or hot, with organic fenugreek, fennel, milk thistle and other galactagogues (not space travel, which would be cool, but hey ... breastfeeding's pretty downright cool).

HERBAL TEA HOW-TO

Pour boiling water over one tea bag. Steep 5-10 minutes. Sip 1-3 cups per day, or as recommended by your healthcare provider.

TEAM WORK MAKES THE DREAM WORK

Each herb in this tea was intentionally chosen because of how it works synergistically with the others in the formulation, amplifying their efficacy like a little symphony. It's like the colleagues who hang out together after work. They like each other — and that makes their job seamless.



Herbal Tea Supplement

Supplement Facts

Serving Size 1 tea bag
Servings Per Container 16

	Amount Per Serving	% Daily Value
Calories	0	
Proprietary Blend	2.2 g	
Trigonella Foenum-graecum (Fenugreek) Seed*		†
Foeniculum Vulgare (Fennel) Seed*		†
Rubus Idaeus (Red Raspberry) Leaf*		†
Urtica Dioica (Stinging Nettle) Leaf*		†
Silybum Marianum (Milk Thistle) Seed*		†
Citrus Sinensis (Orange) Peel*		†
Pimpinella Anisum (Anise) Seed*		†
Carum Carvi (Caraway) Seed*		†
Medicago Sativa (Alfalfa) Leaf*		†

*Organic † Daily Value not established

NOT FOR USE DURING PREGNANCY. Many galactagogue herbs are not recommended for use during pregnancy in greater than culinary amounts. Do not use this product if you are allergic to plants in the parsley (Apiaceae) family, such as fennel or coriander. Consult your healthcare provider before using this product when breastfeeding.



Distributed by Earth Mama Angel Baby® LLC
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*These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.