

Natrol® Complete Balance™ PM Formula:

- Provides natural nighttime menopause relief†
- Soy Isoflavones naturally relieve night sweats†
- Melatonin promotes a more restful, relaxing sleep†
- Calcium helps maintain bone mass that decreases with age†
- Hormone-free

Melatonin is a nighttime sleep aid for occasional sleeplessness.†

WARNING: If you are under medical supervision or using any tranquilizers or sedatives, seek the advice of your healthcare professional prior to using. Consult your physician before using if you have an autoimmune condition, depressive disorder or are pregnant or lactating. Do not take when operating machinery or driving a vehicle.

STORE IN A COOL, DRY PLACE. KEEP OUT OF REACH OF CHILDREN.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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L: 2008954-17243

NATROL® Complete Balance™

MENOPAUSE RELIEF

Helps Relieve Night Sweats†

Promotes Healthy Sleep†

PM FORMULA

30 CAPSULES

DIETARY SUPPLEMENT

Directions: Take 1 capsule from PM bottle half an hour before sleeping.

Supplement Facts

Serving Size: 1 Capsule

Servings Per Container: 30

Amount Per Serving		%DV
Calcium (from Calcium Carbonate)	175 mg	15%
Soy Extract [<i>Glycine max</i> (soy germ)]	62 mg	*
Soy Isoflavones	25 mg	*
Melatonin	1 mg	*

*Daily Value (DV) not established.

Other Ingredients: Gelatin, Maltodextrin, Gum Acacia, Magnesium Stearate.

Contains: Soy

NO: Milk, Egg, Fish, Crustacean Shellfish, Tree Nuts, Peanuts, Wheat, Yeast, Artificial Colors or Flavors, Added Sugar or Preservatives

Manufactured by NATROL LLC, Chatsworth, CA 91311, USA
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LOT/EXP: