

Natrol® Complete Balance™ AM Formula:

- Soy Isoflavones and Black Cohosh naturally relieve hot flashes†
- B Vitamins support a healthy mood†
- Calcium helps maintain bone mass that decreases with age†
- Hormone-free

NO: Milk, Egg, Fish, Crustacean Shellfish, Tree Nuts, Peanuts, Wheat, Yeast, Artificial Colors or Flavors, Added Sugar or Preservatives

WARNING: Consult your healthcare professional prior to use if you have or suspect a medical condition or are taking prescription drugs. Do not use this product if you have or have a history of liver problems and/or disease or frequently use alcoholic beverages. Do not exceed recommended dose. Discontinue use and consult your healthcare professional if unexplained fatigue, abdominal pain, loss of appetite, fever, vomiting, brown urine, light-colored stools, yellow eyes or skin occur. Not for use by individuals under 18 years of age or pregnant or lactating.

STORE IN A COOL, DRY PLACE. KEEP OUT OF REACH OF CHILDREN.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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NATROL® Complete Balance™

MENOPAUSE RELIEF

Helps Relieve Hot Flashes†

Supports a Healthy Mood†

AM FORMULA

30 CAPSULES

DIETARY SUPPLEMENT

Directions: Take 1 capsule from AM bottle in the morning.

Supplement Facts

Serving Size: 1 Capsule, Servings Per Container: 30

Amount Per Serving		%DV
Vitamin B-1 (as Thiamine Hydrochloride)	3 mg	250%
Vitamin B-2 (Riboflavin)	3.4 mg	260%
Vitamin B-6 (as Pyridoxine Hydrochloride)	4 mg	240%
Folate	667 mcg DFE (400 mcg Folic Acid)	170%
Vitamin B-12 (as Cyanocobalamin)	12 mcg	500%
Calcium (from Calcium Carbonate)	125 mg	10%
Soy Extract [Glycine max (soy germ)]	62 mg	*
Soy Isoflavones	25 mg	*
Black Cohosh Extract [Osmorhiza racemosa (rhizome)]	40 mg	*
Triterpene Glycosides	1 mg	*

*Daily Value (DV) not established.

Other Ingredients: Gelatin, Maltodextrin, Magnesium Stearate, Gum Acacia, Dibasic Calcium Phosphate.

Contains: Soy

Manufactured by NATROL LLC, Chatsworth, CA 91311, USA

1-800-2-NATROL (800-262-8765) • www.natrol.com

LOT/EXP: