

**SUGGESTED USE:** 3 CAPSULES PER DAY OR AS DIRECTED BY YOUR HEALTHCARE PROFESSIONAL.

**WARNING:** IF YOU ARE TAKING MEDICATION, HAVE A MEDICAL CONDITION OR AN UPCOMING MEDICAL PROCEDURE, OR ARE PREGNANT OR NURSING, CONSULT A PHYSICIAN BEFORE USING. IF ADVERSE REACTIONS OCCUR, DISCONTINUE USE & CONSULT YOUR HEALTHCARE PRACTITIONER.

Manufactured For:  
Moss Nutrition  
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\*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.



**MOSS**  
NUTRITION

*Magnesium L-Threonate*

Dietary Supplement  
90 Vegetarian Capsules

## Supplement Facts

Serving Size: 3 Capsules  
Servings Per Container: 30

	Amount Per Serving	% Daily Value
Magnesium (from 2,000 mg Magtein® Magnesium L-Threonate)	144 mg	34%

**Other ingredients:** Hypromellose (capsule), microcrystalline cellulose, vegetable stearate, silicon dioxide.

**Does not contain gluten.**

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KEEP OUT OF REACH OF CHILDREN.  
STORE SEALED IN A COOL, DRY PLACE.