

**SUGGESTED USE:** 1 CAPSULE PER DAY,  
OR AS DIRECTED BY YOUR HEALTHCARE  
PROFESSIONAL.

**WARNING:** IF YOU ARE TAKING MEDICATION,  
HAVE A MEDICAL CONDITION OR AN  
UPCOMING MEDICAL PROCEDURE, OR ARE  
PREGNANT OR NURSING, CONSULT A  
PHYSICIAN BEFORE USING. IF ADVERSE  
REACTIONS OCCUR, DISCONTINUE USE &  
CONSULT YOUR HEALTHCARE PRACTITIONER.

Manufactured For:  
Moss Nutrition  
Products, Inc.  
380 Russell Street  
Hadley, MA 01035  
800-851-5444



[WWW.MOSSNUTRITION.COM](http://WWW.MOSSNUTRITION.COM)



*With Activated B6*

Dietary Supplement  
90 Vegetarian Capsules

### Supplement Facts

Serving Size: 1 Capsule  
Servings Per Container: 90

	Amount Per Serving	% Daily Value
Vitamin B6 (as pyridoxal-5'-phosphate)	10 mg	588%
5-HTP (5-hydroxytryptophan)	50 mg	**

\*\* Daily Value not established.

**Other ingredients:** Microcrystalline cellulose,  
hypromellose (capsule), silicon dioxide,  
vegetable stearate.

**Does not contain gluten.**

KEEP OUT OF REACH OF CHILDREN.  
STORE SEALED IN A COOL, DRY PLACE.