

### SUGGESTED USE:

As a dietary supplement, take 1 capsule daily with 8-12 oz of water or as directed by your healthcare professional.

- **THIRD PARTY TESTED†**
- **NON-GMO†**
- **GLUTEN-FREE†**

**WARNING:** For healthy individuals 18 years and older. Consult a healthcare professional prior to use if you are pregnant or nursing, taking medication, or have a medical condition. Keep out of reach of children. Do not use if safety seal is broken or missing.

**NOTICE:** Store in a cool, dry place.

**MADE AND QUALITY TESTED IN THE USA WITH GLOBALLY SOURCED INGREDIENTS.**

Distributed by Nutricost®  
351 E 1750 N Vineyard, UT 84059  
(866) 438-3694 | support@nutricost.com

[www.nutricost.com](http://www.nutricost.com)

404092  
NTC.7.22



**nutricost**

# Vitamin B1

## Thiamine Mononitrate

**500MG**

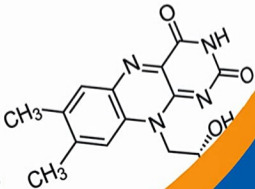
Per Serving

**120**

Capsules

**120**

Servings



**120 CAPSULES**  
DIETARY SUPPLEMENT

## Supplement Facts

Serving Size: 1 Capsule

Servings Per Container: 120

Amount Per Serving		% DV*
Thiamin (Vitamin B1) (as thiamine mononitrate)	500mg	41,670%

\* Percent Daily Value (DV) is based on a 2,000 calorie diet.

Other ingredients: Gelatin capsule, stearic acid (vegetable source), silicon dioxide.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

