

SUGGESTED USE:

As a dietary supplement, take 1 capsule daily with 8-12 oz of water or as directed by your healthcare professional.

- **THIRD PARTY TESTED***
- **GLUTEN-FREE***

WARNING: For healthy individuals 18 years and older. Consult a healthcare professional prior to use if you are pregnant or nursing, taking medication, or have a medical condition. Keep out of reach of children. Do not use if safety seal is broken or missing.

NOTICE: Store in a cool, dry place.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

MADE AND QUALITY TESTED IN THE USA WITH GLOBALLY SOURCED INGREDIENTS.

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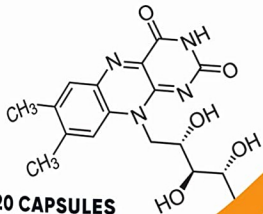


nutricost

Vitamin B1

Thiamine Mononitrate

100MG | **120** | **120**
Per Serving | Capsules | Servings



120 CAPSULES
DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1 Capsule
Servings Per Container: 120

Amount Per Serving		% DV*
Thiamin (Vitamin B1) (as thiamine mononitrate)	100mg	8,330%

* Percent Daily Value (DV) is based on a 2,000 calorie diet.

Other ingredients: Rice flour, gelatin capsule, stearic acid (vegetable source).

Same Amount
smaller size!

We have condensed the same amounts of the active ingredients you expect into a smaller, easier to consume capsule (30% smaller).



New **Old**
Actual comparison; not actual size

