

SUGGESTED USE:

As a dietary supplement, mix 1 scoop daily with 6-10 oz of water or as directed by your healthcare professional. **DO NOT EXCEED 2 SCOOPS IN ANY 24 HOUR PERIOD.**

Beta-Alanine may produce a slight flushing and/or prickly sensation which is harmless and will subside within hours of use.

- **THIRD PARTY TESTED†**
- **NON-GMO†**
- **GLUTEN-FREE†**

WARNING: For healthy individuals 18 years and older. Consult a healthcare professional prior to use if you are pregnant or nursing, taking medication, or have a medical condition. Keep out of reach of children. Do not use if safety seal is broken or missing.

NOTICE: Store in a cool, dry place. Contents are sold by weight, not volume. Some settling may occur.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

MADE AND QUALITY TESTED IN THE USA WITH GLOBALLY SOURCED INGREDIENTS.

Distributed by Nutricost®
351 E 1750 N Vineyard, UT 84059
(866) 438-3694 | support@nutricost.com
www.nutricost.com

404267
NTC.8.22



nutricost
PERFORMANCE

PRE-SF

**STIMULANT-FREE / CAFFEINE-FREE
PRE-WORKOUT COMPLEX**

18G | **30** | **534G**
PER SERVING | SERVINGS | PER CONTAINER

BLUE RASPBERRY

NATURALLY FLAVORED WITH OTHER NATURAL FLAVORS
NET WT. 18.8 OZ (1.2 LB) (534 G)
DIETARY SUPPLEMENT



AlphaSize® is a registered trademark of Chemi Nutra.

Supplement Facts

Serving Size: 1 Scoop (18g)

Servings Per Container: 30

Amount Per Serving		% DV*
Calories	5	
Total Carbohydrate	1g	0%
Thiamin (Vitamin B1) (as thiamine mononitrate)	75mg	6,250%
Niacin	75mg	470%
Vitamin B6 (as pyridoxine HCl)	75mg	4,410%
Folate	300mcg DFE	80%
Vitamin B12 (as methylcobalamin)	50mcg	2,080%
L-Citrulline	6,000mg	**
Betaine Anhydrous	2,000mg	**
Beta-Alanine	1,200mg	**
Taurine	1,200mg	**
Arginine AKG 2:1	1,200mg	**
L-Carnitine Tartrate	1,000mg	**
Agmatine Sulfate	750mg	**
Acetyl L-Carnitine HCl	500mg	**
N-Acetyl L-Tyrosine	500mg	**
AlphaSize® Alpha GPC	200mg	**
Gamma Butyrobetaine Ethyl Ester HCl (GBE)	15mg	**
Thermodiamine	10mg	**
Huperzine A	250mcg	**

* Percent Daily Values (DV) are based on a 2,000 calorie diet.
** Daily Value not established.

Other ingredients: Malic acid (flavor enhancer), natural flavors, citric acid, sucralose, silica, calcium silicate, blue spirulina (for color).