

Recommended Use: As a dietary supplement, take 2 capsules daily with 8-12 oz of water or as directed by your healthcare professional.

Warning: For healthy individuals 18 years and older. Consult a healthcare professional prior to use if you are pregnant or nursing, taking medication, or have a medical condition. Keep out of reach of children. Do not use if safety seal is broken or missing.

Notice: Store in a cool, dry place.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Distributed by Nutricost®
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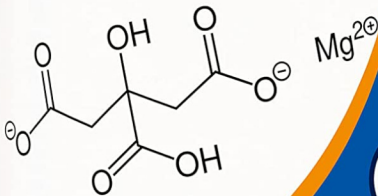
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Magnesium Citrate

420MG | **120** | **60**
magnesium per serving | capsules | servings



120 Capsules | Dietary Supplement

Supplement Facts

Serving Size: 2 Capsules
Servings Per Container: 60

Amount Per Serving	% DV*
Magnesium (as magnesium citrate)	420mg 100%

* Percent Daily Value (DV) is based on a 2,000 calorie diet.

Other ingredients: Hypromellose (cellulose), magnesium stearate (vegetable source), microcrystalline cellulose, silicon dioxide.

