





Sports Performance



SUGGESTED USE: Mix 1 scoop with at least 8-12 ounces of water or preferred beverage daily or as recommended by your health-care practitioner.

**TAMPER EVIDENT:** Use only if bottle is sealed. Store tightly sealed in a cool, dry place.

If pregnant, consult your health-care practitioner before using this product.





MANUFACTURED IN THE USA



‡This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



## **THORNE®**

Collagen Fit
Collagen with Nicotinamide Riboside

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**DIETARY SUPPLEMENT** 



## SUPPLEMENT FACTS

Serving Size: One Scoop (16.85 g)

\*\*Daily Value (DV) not established.

Servings Per Container: 30		
One Scoop (16.85 g) Contains:		%DV
Calories	60	
Protein	14 g	0%*
Sodium	10 mg	<1%
Collagen Peptides (Bovine)	15 g	**
Nicotinamide Riboside Hydrogen Malate	125 mg	**
Betaine Anhydrous (Trimethylglycine)	50 mg	**

\*Percent Daily Values are based on a 2,000 calorie diet.

Typical Amino Acid Amounts (mg) Per Serving:

Alanine	1,617	
Arginine	1,134	
Aspartic Acid	850	
Cysteine	83	
Glutamic Acid	1,717	
Glycine	4,051	
Histidine ▲	67	
Isoleucine A	250	
Leucine A	467	
Lysine A	617	
Methionine ▲	150	
Phenylalanine A	250	
Proline	2,034	
Serine	500	
Threonine A	300	
Tryptophan ▲	0	

▲ Essential Amino Acid

Valine A



