

Suggested Use: As a dietary supplement, adults take one (1) quick melt tablet daily, or as directed by a health care professional. Store in a cool, dry place and away from direct light.

Caution: Do not exceed 1 chewable tablet daily unless recommended by physician. Biotin may interfere with lab tests. If you are taking medication or planning to undergo lab testing, consult your physician before use.

We only put our name on formulas that meet our unrivaled quality standards, and we continue raising the bar on these standards without raising the bar on your budget. Our supplements are **GMP** (Good Manufacturing Practices) certified, ingredient verified, screened for heavy metals, and formulated without questionable fillers, artificial colors, sweeteners, flavors, and other problematic ingredients. We scrutinize every detail, so you don't have to, because we are, and always have been, your **Original good4u™ Grocers**.

To Your Health, - The Iseley Family

Manufactured for:

Vitamin Cottage Natural Food Markets, Inc.
Lakewood, CO 80228 • www.naturalgrocers.com



MIXED BERRY

BIOTIN

5000 MCG

*Metabolism Support**

100 CHEWABLE MELTS

DIETARY SUPPLEMENT



Supplement Facts

Serving Size 1 Chewable Melt
Servings Per Container 100

	Amount Per Serving	% Daily Value
Biotin (Vitamin B7)	5000 mcg	16,667%

Other Ingredients: Mannitol starch complex, natural mixed berry blend flavoring, microcrystalline cellulose, croscarmellose sodium, magnesium stearate, stevia, citric acid, malic acid and silica.

Contains No: Salt, dairy, yeast, wheat, gluten, soy, preservatives, artificial colors or flavors.

Caution: As with any supplement, consult your healthcare practitioner before using this product, especially if you are pregnant, nursing, or are under medical supervision for any reason. Keep out of reach of children.

For Serious Adverse Event Reporting Call (877) 455-2826.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.