

**SUGGESTED USE:**

As a dietary supplement, take 1-2 capsules daily with 8-12 oz of water or as directed by your healthcare professional.

The recommended dose of this product contains as much caffeine as about 2 cups of coffee. Do not consume more than 400 mg of caffeine from any source in a 24 hour period. Too much caffeine may cause nervousness, irritability, sleeplessness, and occasional rapid heart rates. In case of accidental overdose, seek professional assistance or contact a poison control center immediately.

**WARNING:** For healthy individuals 18 years and older. Consult a healthcare professional prior to use if you are pregnant or nursing, taking medication, or have a medical condition. Keep out of reach of children. Do not use if safety seal is broken or missing.

**NOTICE:** Store in a cool, dry place.

**MADE AND QUALITY TESTED IN THE USA  
WITH GLOBALLY SOURCED INGREDIENTS.**

Distributed by Nutricost®  
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**nutricost**

# Guarana

200mg of Natural Caffeine

**1g**

Per Serving

**150**

Capsules

**75**

Servings



**150 CAPSULES**  
DIETARY SUPPLEMENT

## Supplement Facts

Serving Size: 2 Capsules  
Servings Per Container: 75

Amount Per Serving	% DV
Guarana Extract ( <i>Paullinia cupana</i> )(seed) (200mg naturally occurring caffeine)	1,000mg *

\* Daily Value (DV) not established.

Other ingredients: Hypromellose (cellulose) capsule, rice flour, magnesium stearate (vegetable source).

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

