

SUGGESTED USE:

As a dietary supplement, take 1 capsule daily with 8-12 oz of water or as directed by your healthcare professional.

- **THIRD PARTY TESTED†**
- **NON-GMO†**
- **GLUTEN-FREE†**

WARNING: For healthy individuals 18 years and older. Consult a healthcare professional prior to use if you are pregnant or nursing, taking medication, or have a medical condition. Keep out of reach of children. Do not use if safety seal is broken or missing.

NOTICE: Store in a cool, dry place.

**MADE AND QUALITY TESTED IN THE USA
WITH GLOBALLY SOURCED INGREDIENTS.**

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404935
NTC-3.22



nutricost®
WOMEN

Folic Acid

With Biotin & Vitamin B12

1,200mcg

FOLIC ACID PER SERVING

120

SERVINGS

120 Capsules

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1 Capsule

Servings Per Container: 120

Amount Per Serving		% DV*
Folate	2,000mcg DFE (1,200mcg folic acid)	500%
Vitamin B12 (as methylcobalamin)	50mcg	2,080%
Biotin	500mcg	1,670%

* Percent Daily Values (DV) are based on a 2,000 calorie diet.

Other ingredients: Rice flour, hypromellose (cellulose) capsule.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

