

SUGGESTED USE:

As a dietary supplement, mix 1 scoop daily with 6-10 oz of water or as directed by your healthcare professional.

- **THIRD PARTY TESTED†**
- **NON-GMO†**
- **GLUTEN-FREE†**

WARNING: For healthy individuals 18 years and older. Consult a healthcare professional prior to use if you are pregnant or nursing, taking medication, or have a medical condition. Keep out of reach of children. Do not use if safety seal is broken or missing.

NOTICE: Store in a cool, dry place. Contents are sold by weight, not volume. Some settling may occur.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

**MADE AND QUALITY TESTED IN THE USA
WITH GLOBALLY SOURCED INGREDIENTS.**

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nutricost
WOMEN

CREATINE

**Creatine Monohydrate
with CON-CRET® Creatine HCl
& Dandelion Root Extract**

3G

CREATINE
PER SERVING

100

SERVINGS

520G

PER CONTAINER

PEACH MANGO

NATURALLY FLAVORED WITH OTHER NATURAL FLAVORS
NET WT. 18.3 OZ (1.1 LB) (520 G)
DIETARY SUPPLEMENT



Supplement Facts

Serving Size: 1 Scoop (5g)
Servings Per Container: 100

Amount Per Serving	% DV*
Folate 400mcg DFE (240mcg folic acid)	100%
Creatine Monohydrate (Micronized)	2250mg **
CON-CRET® Creatine HCl	750mg **
Dandelion Root Extract (<i>Taraxacum mongolicum</i>)(root) (5:1 extract, equivalent to 400mg of dandelion root)	80mg **
Uva Ursi Extract (<i>Arctostaphylos uva-ursi</i>)(leaf) (10:1 extract, equivalent to 800mg of uva ursi)	80mg **
Cranberry Extract (<i>Vaccinium macrocarpon</i>)(fruit) (50:1 extract, equivalent to 1,000mg of fresh cranberries)	20mg **

* Percent Daily Value (DV) is based on a 2,000 calorie diet.

** Daily Value not established.

**CON-CRET®
REINFORCED™**

Creatine Hydrochloride is covered by one
or more patents:
www.vireosystems.com/patents

Other ingredients: Malic acid (flavor enhancer), natural flavors, stevia, beta carotene (for color), beet root powder (for color).