



Elite DHA Gems

1,000 mg DHA

DIETARY SUPPLEMENT

✓ Cognitive Function* ✓ Vision Support* ✓ Healthy Mood*

60 Soft Gels | 60 Servings



Supplement Facts

Serving Size 1 Soft Gel
Servings Per Container 60

	Amount Per Serving	% DV
Calories	10	
Total Fat	1 g	1%**
Fish Oil Concentrate	1.3 g	†
DHA (Docosahexaenoic Acid)*	1,000 mg	†

** Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value (DV) not established. *Reported as triglycerides.

Other Ingredients: Soft gel shell (beef gelatin, glycerin, water), non-GMO mixed tocopherols. Contains fish (anchovy, sardine and mackerel).

Directions: Adults: take one soft gel once or twice daily **at mealtime**.

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An FDA Regulated Facility



Elite DHA Gems provide 1,000 mg of concentrated DHA in a single soft gel. DHA is an omega-3 that's found in high amounts in our brain, nervous system, and retinas. Studies show that DHA supports healthy brain function, cognition, mood, and vision.* Carlson Elite DHA Gems are sourced from deep, cold-water fish and are tested by an independent, FDA-registered laboratory for freshness, potency, and purity.

✓ No Artificial Preservatives ✓ Gluten-free

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

PURITY GUARANTEED

This product is regularly tested by independent FDA registered laboratories. It has been determined to be fresh and fully potent (per AOCS international protocols) and is free of detrimental levels of mercury, cadmium, lead, PCBs and 28 other contaminants.



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