



Carlson

Healthy Mood 5-HTP^{Elite} 100 mg

DIETARY SUPPLEMENT



Natural
Raspberry
Flavor

✓ Serotonin Production* ✓ Healthy Mood* ✓ Promotes Relaxation*

120 Tablets | 60 Servings

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

Supplement Facts

Serving Size 2 Tablets
Servings Per Container 60

	Amount Per Serving	% DV
Total Carbohydrate	<1 g	<1%**
Sugar Alcohol	<1 g	†
Vitamin B-6 (from pyridoxal-5-phosphate and pyridoxine HCl)	2 mg	118%
5-Hydroxytryptophan (from <i>Griffonia simplicifolia</i>)(seeds)	100 mg	†

**Percent Daily Values are based on a 2,000 calorie diet. † Daily Value (DV) not established.

Other Ingredients: Sorbitol, mannitol, stearic acid (veg.), natural flavors, cellulose, silicon dioxide, magnesium stearate (veg.).

Directions: Adults: take or dissolve two tablets in mouth once or twice daily **at mealtime.**

Healthy Mood 5-HTP Elite is a feel good formula that supports serotonin production.* Serotonin is a major neurotransmitter in our brain. 5-HTP helps provide a sense of well-being and promotes a healthy mood.*

✓ **Gluten-free** ✓ **Soy-free**
✓ **No Artificial Preservatives**

WARNING: DO NOT take if you are pregnant, breastfeeding, or taking prescription anti-depressants or drugs with central nervous system or serotonergic activity (e.g., SSRIs, MAO inhibitors, tricyclics, carbidopa, or tramadol). Consult your physician before use if you are taking prescription medications.

**POTENCY & QUALITY
GUARANTEED**

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