

## Supplement facts

Serving Size: 1 capsule  
Servings per bottle: 60

Amount Per Serving		DV
St John's Wort extract (Equivalent to 6000mg raw leaf)	300mg	*

\* Daily value not established

Other ingredients: Magnesium stearate, Gelatin capsule.

**WARNING:** St John's Wort affects the way many prescription medicines work, including the oral contraceptive pill. Do not use if you are taking any anti-depressant, anti-psychotic, or HIV medications. If you are on medications, pregnant or breastfeeding consult your doctor before use.



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Made in New Zealand from imported ingredients.

Everyday Health



**St. John's Wort**  
DIETARY SUPPLEMENT **6000mg**



**90**  
CAPSULES

### Directions:

1 capsule daily with food, or as directed by your healthcare professional.

Do not exceed the stated dose or use for prolonged periods without professional advice.

Batch:

Best Before:



Keep out of reach of children.

These statements have not been evaluated by any medical authority, and are for educational purposes only. This product is not a medicine, and is not intended to diagnose, treat, cure or prevent any disease. Always take only as directed. If symptoms persist or you have side effects see your healthcare professional.

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