

SUPPLEMENT FACTS

Serving size: 1 Capsule

Serving per bottle: 30

Amount Per Serving		% Daily value
Calcium Gluconate	300 mg	3%
Fish oil Omega 3 (10% DHA, 5% EPA)	145 mg	*
Ascorbic Acid (As Vitamin C)	30 mg	33.5%
Magnesium Oxide	20 mg	1.92%
Ferrous Bisglycinate Chelate	15.7 mg	17%
Zinc Sulphate Heptahydrate	15 mg	23%
Chicory Inulin	15 mg	*
Vitamin B6	2 mg	100%
Vitamin B1	2 mg	142%
Vitamin B2	2 mg	117%
Vitamin B3	2 mg	10%
Vitamin B5	2 mg	10%
Vitamin E	1.5 mg	7.39%
Vitamin A (As Beta Carotene)	0.5 mg	25%
Folic Acid	300 mcg	75%
Potassium iodide	80 mcg	40%
Vitamin D3	25 mcg	125%
Vitamin B12	5 mcg	83%
Vitamin K2-MK7	4 mcg	5%

Other ingredients: Capsule, Rice flour. Contains No sugar, salt, flavors.

*Daily value not established.



Everyday Health

DIETARY SUPPLEMENT



NZ-PREGMUM

ALL FOR MAMA



MADE IN NEW ZEALAND
From premium imported ingredients

VITAMINS, DHA, EPA &
MINERALS SYSTEM

Pregnancy & Lactation

30 capsules

ONLY ONE
PER DAY!

NZ-PREGMUM contains essential vitamins and minerals. Formulated to support the health needs of pregnant and lactating mothers

DIRECTION: Take 1 capsule daily with meal, or as directed by your doctor.

CAUTION: Keep out of reach of children. Contact healthcare professionals immediately if you have any side effects. Do not use if outer seal is broken or missing. Keep tightly closed in a cool dry place.

- ✓ Manufactured under GMP
- ✓ Satisfaction Guaranteed

Manufacturer:

Everyday Health Ltd.

3,1 Kingsford Smith Drive, Rangiora 7400, New Zealand.

www.everydayhealthnz

www.nzpregmum.nz



Batch no:

Best before:



9 421906 923131