

SUPPLEMENT FACTS

Serving size: 1 Capsule

Serving per bottle: 30

Amount Per Serving		% Daily value
Calcium Gluconate	120 mg	2.5%
Magnesium (from magnesium oxide)	100 mg	24%
Vitamin C (As ascorbic acid)	60 mg	67%
Phosphorus (from dicalcium phosphate)	30 mg	11%
Vitamin B3 (As niacinamide)	30 mg	188%
Vitamin E (As d-α tocopherol succinate)	20 mg	133%
Ferrous bisglycinate chelate	15 mg	5%
Pantothenic acid (As D-calcium pantothenate)	12 mg	240%
Zinc (from zinc oxide)	5 mg	75.7%
Vitamin B6 (As pyridoxine HCl)	2 mg	118%
Manganese (from manganese gluconate)	2 mg	87%
Riboflavin	1.7 mg	131%
Thiamine (As thiamine mononitrate)	1.5 mg	125%
Folic Acid	0.3 mg	75%
Biotin	0.3 mg	1000%
Vitamin A (As beta carotene)	0.285 mg	32%
Iodine (As potassium iodide)	0.15 mg	100%
Selenium (As sodium selenite)	0.1 mg	182%
Vitamin K (As phytonadione)	25 mcg	21%
Vitamin D (As cholecalciferol)	10 mcg	50%
Vitamin B12 (As cyanocobalamin)	6 mcg	2.5%
Chromium (As chromium chloride)	2 mcg	5%

Other ingredients: Capsule, Rice flour. Contains No sugar, salt, flavors.

*Daily value not established.



Everyday Health

DIETARY SUPPLEMENT



NZ-MULTI VIT

ENERGY FOR LIFE



MADE IN NEW ZEALAND
From premium imported ingredients

**ONLY ONE
PER DAY!**

**22 VITAMINS &
MINERALS**

**Support for
general health**

30 capsules

NZ-MULTI VIT is a complex of 22 vitamins and minerals to manage vitamin and mineral deficiency due to age, malabsorption, or an inadequately nutritious diet. Vitamin supplements should not be used to replace a balanced diet.

DIRECTION: Take 1 capsule daily with meal, or as directed by your doctor.

CAUTION: Keep out of reach of children. Contact healthcare professionals immediately if you have any side effects. Do not use if outer seal is broken or missing. Keep tightly closed in a cool dry place.

- ✓ **Manufactured under GMP**
- ✓ **Satisfaction Guaranteed**

Manufacturer:

Everyday Health Ltd.

3,1 Kingsford Smith Drive, Rangiora 7400, New Zealand.

www.everydayhealth.nz

www.nzmultivit.nz



Batch no:
Best before:

