## Supplement facts

Serving Size: 3 capsules Servings per bottle: 30

Amount Per Serving		DV
Tribulus Terrestris extract	900mg	*
Coleus Forskohlii extract	300mg	*
Panax Ginseng extract	75mg	*
Avena Sativa extract	90mg	*
L-Argenine	60mg	*
Zinc (as Zinc Acetate)	15mg	55%
Bkack Pepper extract	6mg	*

\* Daily value not established Other ingredients: Magnesium stearate, Gelatin capsule.

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90 CAPSULES
DIETARY SUPPLEMENT

## Directions:

Musclemax Xtreme is usually taken once daily for a period of 8 weeks, followed by a 2 week break. Cycles of less than 4 weeks may not allow the full effect to become apparent.

The usual dosage is 3 capsules, but athletes below 75-80kg or female athletes may obtain good results on 1 or 2 capsules. Athletes over 110kg may benefit from more than the recommended dosage. The entire daily dose is best taken in one hit, and preferbally at the same time every day.

The best time to take Musclemax Xtreme would be 2 hours before training, or immediately upon waking.

## Caution:

If you suffer from any health problems or on medications consult a physician before using.

## Keep out of reach of children

These statements have not been evaluated by any medical authority, and are for educational purposes only. This product is not a medicine, and is not intended to diagnose, treat, cure or prevent any disease. Always take only as directed. If symptoms persist or you have side effects see your healthcare professional.

Batch:

Best Before:



Made in New Zealand from imported ingredients