## Supplement facts

Serving Size: 2 capsules

Servings per bottle: 30

Amount Per Serving

Maca extract

1000mg

DV

\* Daily value not established

Other ingredients: Magnesium stearate, Gelatin capsule.

Lepidium meyenii, known as maca or Peruvian ginseng, is a herbaceous biennial plant of the family Brassicaceae that is native to South America in the high Andes mountains of Peru.





**Directions:** Take up to 4 capsules daily, or as advised by your doctor.

Caution: If you suffer from any medical problems or on medication check with your doctor first.

Store in a cool dry place Keep out of reach of children

**Everyday Health** 3, 1 Kingsford Smith drive Rangiora, New Zealand 0800 773 766 www.everydayhealth.nz



Lot:

BB: