

- GMP Manufacturing • Quality Assured • Independent Testing
- Do Not Use if Safety Seal is Broken
- Store Tightly Sealed in a Cool, Dry Place

Discussion: Citicoline is a source of choline which is important for the synthesis of new phospholipids in cellular membranes. Phospholipids may serve beneficial roles within the brain.[▲]

Directions: Take 2 capsules daily, or as directed by a qualified health care practitioner.

Warning: Do not use if you are pregnant or breastfeeding. Consult your health care practitioner before use if you have a medical condition, or are taking any medication. Consult a healthcare practitioner for use beyond three months. **Keep out of reach of children.**

▲These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Item# AOR08294 NV02.10



AOR™
Advanced Orthomolecular Research

Citicoline

with **xerenos**

Improves overall sleep &
helps with jet lag[▲]

60
CAPSULES

ADVANCED

DIETARY SUPPLEMENT

Vegan



Non-GMO Gluten Free



Supplement Facts

Serving size: 2 capsules Servings per container: 30

Amount per serving	Per capsule		Per 2 capsules	
	% DV		% DV	
Choline ‡	60 mg	11%	120 mg	22%
xerenos citicoline monosodium*	250 mg	†	500 mg	†
Choline bitartrate	35 mg	†	70 mg	†

*XERENOS® is a trademark of INTERQUIM, S.A. d.b.a. Ferrer HealthTech

‡ Choline content is the sum of choline from both Citicoline and Choline bitartrate

† Daily Value not established.

Other Ingredients: microcrystalline cellulose, silicon dioxide, and sodium stearyl fumarate. Capsule (hypromellose).

AOR™ guarantees that all ingredients have been declared on the label. Made without wheat, gluten, corn, nuts, peanuts, sesame seeds, sulfites, mustard, soy, dairy, eggs, fish, shellfish or any animal byproduct.

Manufactured by AOR™ Inc.

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To report a serious adverse event or obtain product information, call 1-866-215-0450