

Suggested Use: (Adults) Take six (6) tablets per day, all at once or in divided doses.

Supplement Facts

Serving Size: 6 tablets
Servings Per Container: 48

	Amount Per Serving	% Daily Value
Calories	20	
Protein	5 g	
Vitamin C (as Calcium Ascorbate)	60 mg	70%
Biotin	900 mcg	3,000%
Hydrolyzed Collagen Peptides	5,000 mg	**
Fo-Ti (root) extract (5:1)	420 mg	**
**Daily Value not established		

Other Ingredients: Magnesium stearate (vegetable source), silicon dioxide.

This product is manufactured in a facility that processes fish extracts.



dairy free



soy free



no gluten
ingredients



no binders
or fillers



COLLAGEN

POWERFUL PROTEIN
+ ESSENTIAL NUTRIENTS

290 TABLETS
DIETARY SUPPLEMENT

- + 5,000 MG OF PURE COLLAGEN PEPTIDES**
- + HIGHLY ABSORBABLE**
- + ENHANCED WITH VITAMIN C & BIOTIN**

Collagen is the 'glue' that holds us together. This major structural protein is found in hair, skin, joints, bones, blood vessels and connective tissues.

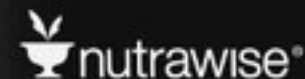
Youtheory® Collagen for Men supplies high-quality collagen peptides to help counteract age-related collagen loss.*

Usage Warnings: Check with your doctor before using this product if you are taking medication or have any medical conditions. Do not use if you are pregnant or nursing. Do not exceed the recommended daily intake. Not intended for persons under 18. **KEEP OUT OF REACH OF CHILDREN.** Store in a cool and dry place after opening.

Amino acid values listed below represent typical averages for edible hydrolyzed collagen and are for informational purposes only. Per 6 tablet serving:

Alanine	486 mg	Hydroxylysine	72 mg	Phenylalanine	126 mg
Arginine	504 mg	Hydroxyproline	702 mg	Proline	690 mg
Aspartic Acid	396 mg	Isoleucine	90 mg	Serine	204 mg
Glutamic Acid	744 mg	Leucine	174 mg	Threonine	114 mg
Glycine	1,236 mg	Lysine	204 mg	Tyrosine	30 mg
Histidine	48 mg	Methionine	36 mg	Valine	144 mg

manufactured by:



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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

