





## probiotic instant-mix

6 billion CFU | supports digestive health\*

15 powder packets

0.11 oz (3.26 g) each

Our Proprietary Probiotic Blend contains three welldefined probiotic strains that have undergone genetic testing for identification. DNA-verification helps to guarantee the purity, potency and safety of this product.

XOS prebiotics are supported by strong clinical publications and work at a dramatically lower dose than most prebiotics...without the uncomfortable side effects.\* XOS has been shown to boost levels of beneficial Bifidobacteria in the human gut.\*

Usage Warnings: Check with your doctor before using this product if you are taking medication or have any medical conditions. Do not use if you are pregnant or nursing. Do not exceed the recommended daily intake. Not intended for persons under 18. KEEP OUT OF REACH OF CHILDREN. Store in a cool and dry place after opening.

manufactured by:



phone | 1.888.271.8976 youtheory.com

irvine, ca 92618 U.S.A



\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose treat, cure or prevent any disease.

Suggested Use: (Adults) Mix one (1) packet with water, juice or tea. Stir vigorously. Drink.

## **Supplement Facts**

Serving Size: 1 packet (3.26 g) Servings Per Container: 15

	Amount Per Serving	% Daily Value
FOS (fructooligosaccharides)	1,000 mg	**
XOS (xylooligosaccharides)	1,000 mg	**
Proprietary Probiotic Blend	6 billion CFU	**
Bacillus clausii (MTCC 5980)		
Bacillus subtilis (MTCC 5981)		
Bacillus coagulans (MTCC 5856)		
**Daily Value not established		

Other Ingredients: Maltodextrin (non-GMO rice), silicon dioxide.

This product is manufactured in a facility that processes whey milk protein and fish extracts.

NO REFRIGERATION NECESSARY.

- + promotes healthy gut flora\*
- + helps with occasional gas, bloating and abdominal discomfort\*
- + with prebiotics: food for beneficial bacteria\*

Youtheory® Probiotic Instant-Mix is a better way to replenish your body's microflora.\* The probiotic strains used in this formula can survive the harsh acidic environment in the stomach and make it to the digestive tract where they can successfully bring balance to gut bacteria.\*