

Suggested Use: (Adults) Take five (5) tablets per day, all at once or in divided doses.

Supplement Facts

Serving Size: 5 tablets
Servings Per Container: 58

	Amount Per Serving	% Daily Value
Vitamin A (as Beta Carotene)	900 mcg (3,000 IU)	100%
Vitamin C (as Calcium Ascorbate)	60 mg	70%
Vitamin E (as d-Alpha Tocopheryl Acetate)	12 mg (18 IU)	80%
Vitamin B6 (as Pyridoxine HCl)	1.2 mg	70%
Vitamin B12 (as Cyanocobalamin)	3.6 mcg	150%
Zinc (as Zinc Oxide)	9 mg	80%
Selenium (as Sodium Selenite)	42 mcg	80%
Hydrolyzed Fish Collagen	2,500 mg	**
Silica (as Horsetail (aerial extract))	3 mg	**
**Daily Value not established		

Other Ingredients: Calcium carbonate, dicalcium phosphate, microcrystalline cellulose, stearic acid, magnesium stearate (vegetable source).

Contains: Fish (Tilapia)



marine collagen

nutrient enhanced formula | 2,500 mg*

290 tablets

dietary supplement

- + replenishes collagen*
- + revitalizes skin*
- + fights the effects of aging*
- + supports tendons & ligaments*

Collagen is a major structural protein in the human body (found in skin, joints, bones, blood vessels and connective tissues). With age, collagen naturally breaks down and diminishes over time - leading to the early signs of aging.

Youtheory® Marine Collagen is designed to help counteract age-related collagen loss.* This product features a unique fish-sourced collagen that has been specially processed to improve digestibility and absorption into the body.* It also includes a blend of essential vitamins, minerals and cofactors that support intensive nourishment in the body.*

Usage Warnings: Check with your doctor before using this product if you are taking medication or have any medical conditions. Do not use if you are pregnant or nursing. Do not exceed the recommended daily intake. Not intended for persons under 18. **KEEP OUT OF REACH OF CHILDREN.** Store in a cool and dry place after opening.

WARNING: Consuming this product can expose you to lead, a chemical known to the State of California to cause reproductive harm. For more information, go to www.P65Warnings.ca.gov.

*2,500 mg hydrolyzed collagen per daily serving.

manufactured by:
nutrawise®

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youtheory | made for all of you®

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

