



promotes calcium
absorption*



helps support
cardiovascular function*



promotes
bone health*



Youtheory® K2D3 provides essential nutrients that enable the body to properly use calcium for a variety of functions in normal metabolism.

Vitamin K has well-established roles in promoting normal bone mineralization and cardiovascular function. Vitamin D is responsible for ensuring absorption and retention of calcium.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

K2D3 essential
daily vitamins

*supports cardiovascular function**

*promotes bone health**

60 vegetarian capsules

dietary supplement



Usage Warnings: Check with your doctor before using this product if you are taking medication or have any medical conditions. Do not use if you are pregnant or nursing. Do not exceed the recommended daily intake without checking with your doctor. Not intended for persons under 18. **KEEP OUT OF REACH OF CHILDREN.** Store in a cool and dry place after opening.



dairy
free



soy
free



no gluten
ingredients



vegetarian
friendly



manufactured by:
nutravis
Irvine, ca 92618 USA
888.271.8976
youtheory.com



Suggested Use: (Adults) Take one (1) capsule per day, with a glass of water.†

Supplement Facts

Serving Size: 1 capsule
Servings Per Container: 60

	Amount Per Serving	% Daily Value
Vitamin D3 (as cholecalciferol)	125 mcg (5,000 IU)	625%
Vitamin K2 (Menaquinone-7 as K2VITAL®)	100 mcg	83%

Other Ingredients: Vegetarian capsule (hypromellose), microcrystalline cellulose, vegetable magnesium stearate, silicon dioxide.

This product is manufactured in a facility that processes fish extracts.

†The recommended dosage is one capsule per day. For more personalized results, start with one capsule per day and add one additional capsule per day as needed. Use daily for optimal results.

K2VITAL is a registered trademark of Kappa Bioscience.