



youtheory



ashwagandha liquid

helps reduce stress*

with clinically supported KSM-66*

blueberry flavor

dietary supplement

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



helps reduce stress*



with clinically supported KSM-66*



helps maintain healthy cortisol levels*



boosts mental & physical performance*

Ashwagandha (Indian Ginseng) is nature's antidote to modern stress.* This time-tested botanical improves the body's response to physical and mental stressors, while boosting overall well-being.*

Youtheory® Ashwagandha combines whole root powder and concentrated root extracts to capture the full range of phytonutrients that are naturally-occurring in Ashwagandha. This formula is powered by KSM-66® the most clinically-supported Ashwagandha on the market.

Usage Warnings: Check with your doctor before using this product if you are taking medication or have any medical conditions. Do not use if you are pregnant or nursing. Do not exceed the recommended daily intake. Not intended for persons under 18. KEEP OUT OF REACH OF CHILDREN. Store in a cool and dry place after opening.

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Suggested Use: (Adults) Shake well and consume one (1) liquid packet per day directly by mouth.

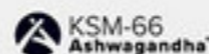
Supplement Facts

Serving Size: One (1) liquid packet (30 ml)
Servings Per Container: 12

	Amount Per Serving	% Daily Value
Calories	15	
Total Carbohydrate	3 g	1%*
Total Sugars	1 g	**
Calcium	42 g	3%
Organic Ashwagandha (root) extract (KSM-66®)	600 mg	**

*Percent Daily Values are based on a 2,000 calorie diet.
**Daily Value not established

Other Ingredients: Purified water, blueberry juice concentrate, xylitol, natural flavors, citric acid, calcium citrate, malic acid, xanthan gum, stevia leaf extract.



is a registered trademark of Ixoreal Biomed, Inc.



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less stress.
ashwa yes.

- + Great tasting. Ready to drink.
- + Supports mental & physical well-being*
- + 600 mg ashwagandha per single dose



dairy free



soy free



no gluten ingredients



natural flavors

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