

Resist-X contains cocoa polyphenols along with other ingredients, to support healthy glucose and carbohydrate metabolism. The nutrients in **Resist-X** help support the production of energy, with chromium and cinnamon supporting healthy blood sugar maintenance in the body. **Resist-X** protects healthy cells from oxidative damage via antioxidant activity, and cocoa polyphenols support emotional wellbeing.

WARNING: Stop taking this medication if you experience tingling, burning or numbness and see your healthcare practitioner as soon as possible. [Contains vitamin B6]. Contains zinc which may be dangerous if taken in large amounts or for a long period. Contains 8.33 mg of caffeine from cocoa per tablet. A cup of instant coffee contains approximately 80 mg of caffeine. Caffeine intake more than 200 mg per day is not recommended during pregnancy or breastfeeding. Vitamin and mineral supplements should not replace a balanced diet.

Do not use if cap and/or bottle seals are missing or broken.

Store below 30°C.



Resist-X

Helps Support Healthy Glucose and Carbohydrate Metabolism.

60 Tablets
Dietary Supplement

AUST L 320522

PRACTITIONER ONLY

Each tablet contains:

Nicotinamide (Vitamin B3)	50 mg	Dry herbal extracts:	
Pyridoxine hydrochloride (Vitamin B6)	50 mg	<i>Cinnamomum cassia</i> (Cinnamon),	
Zinc amino acid chelate		stem bark	250 mg
(Meta Zn® - Zinc bisglycinate)	100 mg	Derived from dry stem bark	3 g
Equivalent Zinc	20 mg	<i>Theobroma cacao</i> (Cocoa), seed	556 mg
Biotin	4.0 mg	Derived from min. dry seed	2.5 g
Chromic chloride hexahydrate	1.4 mg	Std. to polyphenols calculated as catechin	
Equivalent Chromium	275 micrograms	(of <i>Theobroma cacao</i>)	250 mg
Chromium picolinate	201 micrograms	<i>Gymnema sylvestre</i> (Gymnema), leaf	50 mg
Equivalent Chromium	25 micrograms	Derived from dry leaf	2 g

Directions for use (Adults only): Take 1 tablet daily with food.

To support healthy blood glucose and emotional wellbeing:

Take 1 tablet twice daily with food. Or take as directed by your healthcare professional.

If symptoms persist consult your healthcare professional.



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