

CODE 053524 **CUG**
Each B-12 5000 fast-dissolving lozenge dissolves quickly to facilitate optimal absorption. Vitamin B-12 is essential for metabolism, energy production and red blood cells.* B-12 and folate play an essential role in the maintenance of normal homocysteine levels important for cardiovascular health.*
DIRECTIONS: As a dietary supplement, place one lozenge under the tongue and let it dissolve completely before swallowing.

Supplement Facts		
Serving Size One Lozenge		
Amount Per Serving	% Daily Value	
Calories	0	
Total Carbohydrate	0 g	0%†
Total Sugars	0 g	*
Includes 0 g Added Sugars		0%†
Sugar Alcohols	0 g	*
Vitamin B-12 (as Cyanocobalamin)	5000 mcg	208333%
† Percent Daily Values are based on a 2,000 calorie diet.		
* Daily Value not established.		

OTHER INGREDIENTS: Mannitol*, Starch, Microcrystalline Cellulose, Croscarmellose Sodium, Crospovidone, Magnesium Stearate Vegetable Source, Calcium Silicate, Sucralose, Natural & Artificial Cherry Flavor.
*Provides a negligible amount of Sugar Alcohols.

CONTAINS: Wheat.
Conforms to USP <2091> for weight.
No Artificial Colors, No Preservatives, Sodium Free, No Soy, No Dairy.
KEEP OUT OF REACH OF CHILDREN.

Store in a cool, dry place.

For More Information:

1-888-462-2548

GNC.com

Distributed by:

General Nutrition Corporation
Pittsburgh, PA 15222 USA



GNC

Vitamin B-12

FAST-DISSOLVING LOZENGES

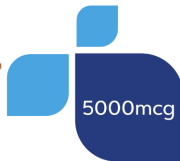
Quick dissolving for easier absorption

Essential for carbohydrate metabolism
& energy production*

Sugar free



CHERRY
NATURAL & ARTIFICIAL FLAVOR



DIETARY SUPPLEMENT
**60 VEGETARIAN FAST
DISSOLVING LOZENGES**
60-DAY SUPPLY

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.