

JOINTS[†]NAILS[†]SKIN[†]SLEEP[†]

*Promotes restful sleep
and healthy skin[†]*

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TYPES OF
COLLAGEN



ANCIENT
NUTRITION

MULTI COLLAGEN

Beauty + Sleep Support[†]

WHOLE FOOD DIETARY SUPPLEMENT | 90 CAPSULES

Suggested Use: Adults take 3 capsules per day.

Supplement Facts

Serving Size 3 Capsules
Servings Per Container 30

	Amount Per Serving	%DV
Calcium [^]	75 mg	6%
Magnesium	266 mg	60%

Multi Collagen Complex

Hydrolyzed Bovine Hide Collagen Peptides, Fermented Eggshell Membrane Collagen, Chicken Bone Broth Protein Concentrate, Hydrolyzed Fish Collagen Peptides.

1.1 g

Beauty + Sleep Blend

Magnesium Hydroxide, Organic Ashwagandha Root and Leaf Extract, Pomegranate Fruit Extract, Asparagus Shoot, Okra Pod, Coffee Fruit Extract, Japanese Sophora Flower, Acerola Cherry, Acai Berry, Mangosteen Fruit, Camu Camu Fruit.

875 mg

+ Daily Value (DV) not established.

Other ingredients: Bovine gelatin, organic *Copernicia cerifera* wax.

CONTAINS: Egg, Fish (Haddock, Cod, Pollock).

[^]Naturally occurring.

WARNING: If you are pregnant, nursing, allergic, have a medical condition, or taking any medications, consult a doctor before using this or any other dietary supplement. Do not use if inner safety seal is broken or missing.

Keep out of reach of children.

Color and odor may vary from lot to lot. Store in a cool, dry place.
NOTICE: Use this product as a food supplement only. Do not use for weight reduction.

† THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

CL-MCP5180-040122

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