



Food Form Calcium

Vitamins D3 and K2 (MK-7), Ancient Superfoods, Adaptogenic Herbs

**ANCIENT
NUTRITION**

Calcium

WHOLE FOOD DIETARY SUPPLEMENT | 90 CAPSULES

Suggested Use: Adults take 3 capsules per day.

Supplement Facts

Serving Size 3 Capsules
Servings Per Container 30

	Amount Per Serving	%DV
Vitamin D3* (as cholecalciferol)	50 mcg (2000IU)	250%
Vitamin K2 (as menaquinone-7)	90 mcg	75%
Calcium (from organic eggshell)	574 mg	44%

Ancient Nutrients TCM Blend

873 mg +
Beef Bone Broth, Bovine Liver, Organic Fo-Ti Root Extract,
Organic Stinging Nettle Root Extract, Organic Rehmannia Root
Extract, Chicken Bone Broth, Wild Hake Roe, *Rosa roxburghii* Fruit
Extract, Tienchi Ginseng Root Extract.

+ Daily Value (DV) not established.

Other ingredients: Beef gelatin.

Contains: Egg, Fish (Hake). *Nutrient fermented from *Saccharomyces cerevisiae*

Produced on equipment that also processes peanuts, tree nuts, milk, soybean, wheat, sesame, shellfish, egg, fish.

WARNING: If you are pregnant, nursing, allergic, have a medical condition, or taking any medications, consult a doctor before using this or any other dietary supplement. Do not use if inner safety seal is broken or missing.

Keep out of reach of children.

Color and odor may vary from lot to lot. Store in a cool, dry place.

NOTICE: Use this product as a food supplement only. Do not use for weight reduction.

Manufactured for:
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CL-ACA3315-121522



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