



OMEGAS

Whole Body

Supports
*Healthy Cognitive Function,
Healthy Cardiovascular
Function and Joint Health[†]*

WHOLE FOOD DIETARY SUPPLEMENT | 90 SOFTGELS

Suggested Use: Adults take 3 softgel capsules per day.

Supplement Facts

Serving Size 3 Softgels
Servings Per Container 30

	Amount Per Serving	%DV
Calories	20	+
Total Fat	3 g	4%*
Polyunsaturated Fat	1.5 g	+
Monounsaturated Fat	400 mg	+
Cholesterol	14 mg	5%
Choline	10 mg	2%
Omega-3 fatty acids	1.1 g	+
ALA (alpha-linolenic acid)	585 mg	+
DHA (docosahexaenoic acid)	398 mg	+
EPA (eicosapentaenoic acid)	90 mg	+
Omega-6 fatty acids	195 mg	+
LA (linoleic acid)	185 mg	+
Phospholipids	90 mg	+
Whole Body Support[†] Blend	2.9 g	+
Tuna Oil, Organic Chia Seed Oil, Herring Roe Oil, Hoki Oil, Organic Lemon Peel Oil, Black Pepper Essential Oil.		
Astaxanthin (from <i>Haematococcus pulvisalis</i>)	4 mg	+

+ Daily Value not established.

*Percent daily values based on a 2,000 calorie diet.

Other ingredients: Bovine gelatin, glycerin, water.

CONTAINS: Fish (Tuna, Herring, Hake).

Produced on equipment that also processes peanuts, tree nuts, milk, soybean, wheat, sesame, shellfish, fish, egg.

WARNING: If you are pregnant, nursing, allergic, have a medical condition, or taking any medications, consult a doctor before using this or any other dietary supplement. Do not use if inner safety seal is broken or missing. **Keep out of reach of children.** Color and odor may vary from lot to lot. Store in a cool, dry place. **NOTICE:** Use this product as a food supplement only. Do not use for weight reduction.

† THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

Manufactured for:



Ancient Nutrition, LLC
3480 Summertown Hwy.
Summertown, TN 38483
www.AncientNutrition.com

CL-AOW2110-072022

