



Magnesium

300mg Magnesium

*Fermented Vitamin D, Ancient
Superfoods, Adaptogenic Herbs*

WHOLE FOOD DIETARY SUPPLEMENT | 90 CAPSULES

Suggested Use: Adults take 3 capsules per day.

Supplement Facts

Serving Size 3 Capsules
Servings Per Container 30

	Amount Per Serving	%DV
Vitamin D3*	25 mcg (1000IU)	125%
Magnesium**	300 mg	71%
Ancient Nutrients TCM Blend	450 mg	+
Beef Bone Broth, Bovine Liver, Organic Rhodiola Root Extract, Organic Turmeric Root Extract, Organic Stinging Nettle Root Extract, Chicken Bone Broth, Organic Cinnamon Bark Extract, Lion's Mane (<i>Hericium erinaceus</i>), Mushroom Extract, Organic Licorice Root Extract, Organic Skullcap Root Extract, Wild Hake Roe.		

+ Daily Value (DV) not established.

Other ingredients: Beef gelatin.

Contains: Fish (Hake).

*Nutrient fermented from *Saccharomyces cerevisiae* **Enzyme Activated Mineral

Produced on equipment that also processes peanuts, tree nuts, milk, soybean, wheat, sesame, shellfish, egg, fish.

WARNING: If you are pregnant, nursing, allergic, have a medical condition, or taking any medications, consult a doctor before using this or any other dietary supplement. Do not use if inner safety seal is broken or missing. Keep out of reach of children.

Color and odor may vary from lot to lot. Store in a cool, dry place.

NOTICE: Use this product as a food supplement only. Do not use for weight reduction.

CL-ANM3360-062222



Manufactured for:
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